

For Vyntus<sup>™</sup> CPX and SentrySuite<sup>™</sup> Software





In our SentrySuite<sup>TM</sup> – Cardiopulmonary Exercise Testing (CPET)-program, three different dead-space calculations:  $VD_f$ ,  $VD_c$  and  $VD_e$  are available. These are the dead-spaces (normally expressed in mL) and calculated according to different publications from the literature. The relative dead-spaces  $VD_x/VT$  are often also reported as  $VD_x/VE$ . The meaning of both is the same; both are expressing the relative dead-space ventilation (either per breath or per minute ventilation).

#### Note 1

Per customer requests, we implemented all three published values [1,2,3] in our SentrySuite Software. Nevertheless Lewis [2] and Wasserman [1] recommend not to use VD<sub>e</sub> or VD<sub>c</sub> but only use the VD<sub>f</sub> and VD<sub>f</sub>/VT-values: In case of inhomogeneity or gas exchange problems, VD<sub>c</sub> and VD<sub>e</sub> provide wrong false values (they seem to be more or less acceptable for healthy subjects (with a very low physiological dead-space), but show unreliable "healthy" values in different diseases due to increased alveolar deadspace).

#### Note 2

During CPET, the subject is connected via a mouthpiece or a face mask with the volume sensor of the system. Therefore, the determined dead-space VD<sub>determined</sub> will be the sum of

 $VD_{determined} = VD_{patient} + VD_{system}$ 

with VD<sub>system</sub> = VD<sub>mask</sub> + VD<sub>volume-sensor</sub>

and the patient's dead-space must be corrected by the system dead-space:

VD<sub>patient</sub> = VD<sub>determined</sub> - VD<sub>mask</sub> - VD<sub>volume-sensor</sub>



Therefore, it is recommended to select the used mask (or mouthpiece) in SentrySuite, so that the system can subtract the correct VD<sub>system</sub> from the calculated VD<sub>determined</sub> (the VD<sub>volume-sensor</sub> = 30 mL is automatically considered as well).

### Note 3

Please consider, that the following parameters (and only these) are affected by the system dead-space VD<sub>system</sub> and may be not correct, if the VD<sub>system</sub> is not selected properly:

- The dead spaces:  $\mathsf{VD}_\mathsf{f}, \mathsf{VD}_\mathsf{e}, \mathsf{VD}_\mathsf{c}$
- The relative dead-spaces: VD<sub>f</sub>/VT, VD<sub>e</sub>/VT, VD<sub>c</sub>/VT
- And the ventilatory equivalents: EqO<sub>2</sub>, EqCO<sub>2</sub>

### **Calculation formulas:**

#### 1. VD<sub>f</sub> / VT:

The functional (also named as physiological) dead-space can be calculated according to Bohr's formula out of arterial CO<sub>2</sub> (PaCO<sub>2</sub>) and mixed expired CO<sub>2</sub> (PECO<sub>2</sub>):

$VD_{f}/VT = ((PaCO_{2} - PECO_{2}) / PaCO_{2} - VD_{s}/VT) * 100$ [%	VT) * 100 [%]
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with		
PaCO <sub>2</sub> :	arterial CO <sub>2</sub> -pressure	[mmHg]
PECO <sub>2</sub>	= FECO <sub>2</sub> * (BP-47) / 100	[mmHg]
FECO2:	mixed expired CO2-concentration	[%]
BF:	breathing frequency	[1/min]
BP:	bar pressure	[mmHg]
VT:	tidal volume	[L]
VDs:	system dead-space (mask, mouthpiece etc.)	[L]



#### 2. VD<sub>e</sub> / VT:

As  $PaCO_2$  is in healthy subjects - due to low alveolar dead-space - very close to end-tidal  $CO_2$  (PETCO<sub>2</sub>), the "end-tidal" (or estimated) dead-space may be calculated by using PETCO<sub>2</sub> instead of  $PaCO_2$ 

VD <sub>e</sub> /VT = (( <b>PETCC</b>	[%]	
with		
PECO <sub>2</sub>	= FECO <sub>2</sub> * (BP-47) / 100	[mmHg]
PETCO <sub>2</sub>	= FETCO <sub>2</sub> * (BP-47) / 100	[mmHg]
FECO <sub>2</sub> :	mixed expired CO <sub>2</sub> -concentration	[%]
BF:	breathing frequency	[1/min]
BP:	bar pressure	[mmHg]
VT:	tidal volume	[L]
VD <sub>s</sub> :	system dead-space (mask, mouthpiece etc.)	[L]

#### 3. VD<sub>c</sub> / VT:

As the end-tidal values for  $CO_2$  depend on the tidal volume (e.g. underestimated at low tidal volumes and overestimated at high VT), Jones [3] suggests to calculate the arterial  $CO_2$  (PaCO2c) from end-tidal  $CO_2$  and tidal volume and use this value for calculating the dead-space:

VD <sub>c</sub> /VT = ((PaCO <sub>2c</sub>	[%]	
with		
PaCO <sub>2c</sub>	= 5.5 + 0.90 x PETCO <sub>2</sub> – 2.1 x VT	[mmHg]
PECO <sub>2</sub> :	= FECO <sub>2</sub> * (BP-47) / 100	[mmHg]
PETCO <sub>2</sub> :	= FETCO <sub>2</sub> * (BP-47) / 100	[mmHg]
FECO <sub>2</sub> :	mixed expired CO <sub>2</sub> -concentration	[%]
BF:	breathing frequency	[1/min]
BP:	bar pressure	[mmHg]
VT:	tidal volume	[L]
VDs:	system dead-space (mask, mouthpiece etc.)	[L]



### System dead-spaces (VD<sub>s</sub>):

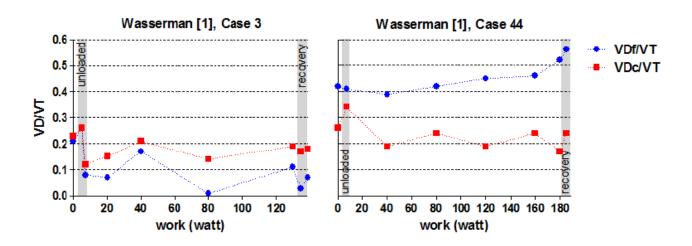
The system dead-space (VD<sub>s</sub>) depends on the different parts (mask, mouthpiece, saliva pump, etc.) used during the measurement. The dead space of the face masks only can be estimated, as it depends both on the shape of the face (size of the nose) as well as from the efficiency of the equilibration of the expired gas in the mask itself. The following table gives an overview about the VD<sub>s</sub> used in SentrySuite: (Recommended VD<sub>s</sub>  $\approx$  Total VD<sub>s</sub> \* estimated effective [%] + VD<sub>TV-adaptor</sub>)

Mask	Article no.	Total VDs (mL) (Manufac.)	estimated effective (%)	estimated effective (mL)	TV- Adapter (Vyntus™ CPX)	Total Mask (Vyntus CPX)	Recomm. Total for Vyntus CPX
Combitox mask	982006	115	75%	86	5	91	90
8900 Series HR Pediatric large	982078	31,5	95%	30	5	35	35
8900 Series HR Adult small	982002	40,2	95%	38	5	43	40
8900 Series HR Adult medium	982149	46,7	95%	44	5	49	45
8900 Series HR Adult large	982003	49,1	95%	47	5	52	50
7400 Series HR Petite (P)	982167	53	90%	48	5	53	50
7400 Series HR Extra small	982163	62	90%	56	5	61	60
7400 Series HR Small	982164	73	90%	66	5	71	70
7400 Series HR Medium	982165	97	90%	87	5	92	90
7400 Series HR Large	982166	114	90%	103	5	108	105
7450 V2 Series HR Petite (P)	V-982188	78	85%	66	5	71	70
7450 V2 Series HR Extra small	V-982187	88	85%	75	5	80	80
7450 V2 Series HR Small (S)	V-982184	99	85%	84	5	89	90
7450 V2 Series HR Medium (M)	V-982185	125	85%	106	5	111	110
7450 V2 Series HR Large	V-982186	143	85%	122	5	127	125
6450 V2 Series HR Petite (P)	V-982183	78	85%	66	5	71	70
6450 V2 Series HR Extra small	V-982182	88	85%	75	5	80	80
6450 V2 Series HR Small (S)	V-982177	99	85%	84	5	89	90
6450 V2 Series HR Medium (M)	V-982178	125	85%	106	5	111	110
6450 V2 Series HR Large (L)	V-982179	143	85%	122	5	127	125
Note:	Actual						
	Obsolete						



### **Comparing VD**<sub>f</sub> and VD<sub>c</sub>:

In addition, comparing the dead spaces with blood gas calculations (VD<sub>f</sub>), it's even more obvious that  $VD_c$  does not represent the correct  $VD_{patient}$ :



In a healthy subject (left, Case 3), VD<sub>c</sub>/VT starts at normal values, but is overestimating at higher load, while in diseases (right, Case 44) VD<sub>c</sub>/VT is strongly underestimating the patient's dead-space.

#### Literature

- (1) Wasserman K., Hansen J.E., Sue D.Y., Stringer W.W., Sietsema K.E., Sun X-G., Whipp B.J.
   Principles of Exercise Testing and Interpretation 5th edition (2012)
   Lippincott Williams & Wilkins
   ISBN-13: 978-1-60913-899-8
- (2) Lewis D.A., Sietsema K.E., Casaburi R., Sue D.Y.
   Inaccuracy of Noninvasive Estimates of VD/VT in Clinical Exercise Testing Chest 5\_106 (1994)
- (3) Jones N.L.
  Clinical Exercise Testing
  4th Edition, W.B. Saunders Company (1997)
  ISBN: 0-7216-6511-x

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